



'At Home' Newsletter

Week Beginning 12th October 2020

Hello, and thanks to all who've given to support the Foodbank so far. We continue holding a collection in All Saints Church after the services throughout October. Or, to give from home, contact John Shaw, our treasurer (07708143897 john.mshaw@hotmail.co.uk). As we're giving to the Foodbank, it seemed a good excuse to hear more from those behind the scenes...

So, here's a **Mini Interview with Lami Bearder**, who runs it:

How long have you been involved? It's been running for a long time, it used to be a Churches Together thing. I've been involved running it since it opened in Morrison's car park, for four years now.

What was it that got you started? Me and my partner with 8 children had to go 13 weeks without money. We used the Foodbank one time ourselves. It made me feel degraded... and so I wanted to get my foot in the door, to get involved and make sure no one would ever feel that way themselves. Prior to covid, at least we'd always make people cups of tea and biscuits while they were there...

One thing you wish all people knew/understood about the work of the Foodbank? We don't take just tins. We have fridges and freezers too. It's nicer to give out fresh stuff... things that people wouldn't normally have. Bags of chips, some meaty items, some things for lunch boxes... We see enough people weekly for fresh stuff to go out as well.

What's your dream for the Foodbank? That there would be no need for a foodbank – that structures would change so that people would be able to cope!

What has been a particular challenge for you locally over the course of the pandemic? We've been so inundated with food from Morrison's and all our offices are overtaken... but that's a good thing really. I guess that people can't come into the building.

What has been the best thing to emerge from it so far?

- People are getting a lot more stuff, a lot quicker.
- £10million drive Morrison's did for foodbanks that went out on TV.
- Morrison's community supporter, Cally has made up lots of bags with price tickets, which are in a trolley in the foyer of Morrison's. She comes to us and finds out weekly what we need. These make it easy for people. They're just there and ready for people to pick up.

If you could say one thing to the local church what would it be? Thanks for your continued support.

Is there anything in particular we can be praying for the Foodbank? Praying for an end of the need for the foodbank. And for those that suffer with their mental health.... Lots struggle.

Worship Services in All Saints' Church:
Booking is required for 10.30am services only

October:

18 th	9am and 10.30am	Morning Praise
25 th	9am and 10.30am	Holy Communion (Bible Sunday)

November:

2 nd	8.45-9.15am	Morning Prayer
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Book with Vicki (Parish Administrator on: 07427837782 or harwich.peninsular@gmail.com)

Worship Online/At Home

Sundays @ 10.30am Gathered Service - Recorded
Facebook Live
(on 'All Saints Church Dovercourt' Facebook Page)

Tuesdays @ 5pm Evening Prayer
Facebook Live
(on 'All Saints Dovercourt' Facebook Page)

Wednesdays @ 10-10.30am Praying from home together
@ 7pm Evening Prayer
Zoom (code available on request)

Other Diary Dates

Nov 1st, 8th & 15th @ 7pm 'What is my calling?' Free online Webinar
(book by clicking the link/ carefully typing following into google
<http://eventbrite.co.uk/e/vocations-webinars-november-2020-tickets-120507835179>)

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Collect

Almighty God, you called Luke the physician, whose praise is in the gospel, to be an evangelist and physician of the soul: by the grace of the Spirit and through the wholesome medicine of the gospel, give your church the same love and power to heal; through Jesus Christ your Son our Lord, who is alive and reigns with you in the unity of the Holy Spirit, one God now and forever.

Prayer Points

Farmers and organisations supporting ethical trade
Initiatives created to combat food being sent to landfill
Wisdom in governmental engagement with climate crisis
Growth of those participating in 'Growing Leader' Course run across Harwich Deanery

Special Notes

Large outdoor gatherings are not permitted at this time - as a creative alternative - a Harwich Community Remembrance video is being filmed and will be shared online in November.
Margaret Shaw is now officially on sick leave. Please continue praying for her, John & family

*Living faith
Loving people*